



2021

# JANUARY

## Riverside Elementary West Lunch Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

				<p><b>MEALS ARE FREE FOR ALL STUDENTS</b></p>
<p><b>4</b> Chef Choice Chef Choice</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>5</b> Grilled Ch.on Pretzel Roll Chicken Patty Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>6</b> Grilled Ch.on Pretzel Roll Chicken Patty Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>7</b> Walking Taco Turkey &amp; Cheese Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>8</b> Walking Taco Turkey &amp; Cheese Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>
<p><b>11</b> Meatball Sub Chicken Nuggets w/WG Brd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>12</b> Meatball Sub Chicken Nuggets w/WG Brd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>13</b> Fr.Tst.Sticks w/Sausage Chicken Nuggets w/WG Brd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>14</b> Fr.Tst Sticks w/Sausage Chicken Nuggets w/WG Brd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>15</b> BBQ Rib Sandwich Chicken Patty Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>
<p><b>18</b></p> <p><b>MARTIN LUTHER KING JR DAY</b></p>	<p><b>19</b> Mini Corn Dogs Chicken Nuggets w/WG Bd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>20</b> Mini Corn Dogs Chicken Nuggets w/WG Bd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>21</b> Steak &amp; Ch.Sandwich Turkey &amp; Ch.Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>22</b> Steak &amp; Ch.Sandwich Turkey &amp; Ch.Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>
<p><b>25</b> Grilled Ch.on Pretzel Rolls Chicken Patty Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>26</b> Grilled Ch.on Pretzel Rolls Chicken Patty Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>27</b> Cheeseburger on a Bun Chicken Nuggets w/WG Brd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>28</b> Cheeseburger on a Bun Chicken Nuggets w/WG Brd</p> <p>Vegetable Fruit Choice of Milk</p>	<p><b>29</b> BBQ Rib Sandwich Chicken Patty Sandwich</p> <p>Vegetable Fruit Choice of Milk</p>

**More Info...**

**Offered Daily**

**Fresh Fruit Or Juice**

**Fresh Vegetables**

**1% Milk  
Skim Milk  
Chocolate Skim Milk**

**All Breads, Rolls, Pasta and Pizza Dough is Whole Grain**

**Students must pick at least one serving of fruit or vegetable with their meal**

Menus are subject to change without notice.

**HEALTHY FOR LIFE**

